Welcome to Grief Island.

Many of us have stumble upon Grief Island without any notice, some of us may have been preparing to visit. No matter the circumstance, we're here now – together.

In order to find a safe path off of Grief Island, you and your teammates must find Acceptance to grant you a safe journey. But Acceptance will only help your team if you prove your travels on Grief Island. She understands there are scary, hurtful monsters that may hurt us along the way, but she also knows there are kind creatures that may guide us. If you and your team collaborate, there may be a way to navigate through Grief Island together.

You may visit Grief Island again in the future, but with every visit, it may get a bit easier to navigate. You may have to face scary monsters again, but with experience, it may get less daunting.

Rules

Everyone starts with 3 items of their choice. They can choose from food, materials, and tools. Find the environment card that is labeled Grief Island. Place the card, face up, next to the shuffled deck. Shuffle the deck and place down to begin. Players begin with no cards. Youngest player goes first.

Each turn, players draw and immediatly place the cards in front of them – this counts as 1 move. Trading with other players also counts as 1 move.

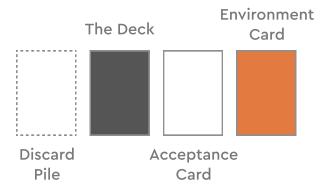
Food, materials, and tools items are placed down in front of the player and are now in the player's possession.

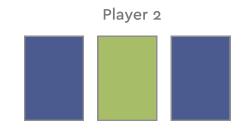
If an acceptance card is drawn, place the card next to the deck, face up. This becomes the goal for the game. When all the items are collected as a team, they gain an exit off of Grief Island and win the game. At any point when a new acceptance card is drawn, it automatically becomes the new goal. If the goals are met on the new card, everyone wins. Place the previous acceptance card to the discard pile.

If an environment card is drawn, place the card next to the deck and acceptance card, face up. This tells players which part of Grief Island they are currently on. It dictates how many moves players can take and how many items they can hold. When a new environment card is drawn, the effects go immedietly into play for all players. Place the previous environment card to the discard pile.

If an event card is drawn, players must proceed with what the card states, unless they have items that benefit them. Place the event card in the discard pile after completing the action.







If a monster card is drawn, players must work together to conquer it and their turn after defeating it. When a monster is defeated, it is placed in front of the player and now in their possesion. The monster is only fully defeated when the correct items are discarded in the discard pile and the question is answered. If players are unable to defeat the monster, the card is placed in the discard pile. Players may still ask others the question on the card even if they cannot fully defeat it. Once a monster is defeated and in possesion of a player, it cannot be discarded.

If a creature card is drawn, players must engage in the question prompt before proceeding. Once the question has been answered, the card returns to the bottom of the deck.

When the deck runs out, shuffle the discard pile and continue the game from there.

Tips

Pay attention to which food, materials, and tools you have – a combination of them can help you navigate Grief Island.

Be careful about which items you want to trade. What would happen if 1 teammate held onto all tools or materials?

If at any point there is a condition that the rules do not state, discuss among players to determine what will allow the game to continue. (e.g. does ___ item count as a weapon? can __ item + ___ item create ___?)

Acceptance

Acceptance will grant you a way to get off Grief Island if have proven your travels through Grief.

Give her:

- 10 Monster remains
- 5 pieces of food
- 3 tools

Acceptance

Acceptance will grant you a way to get off Grief Island if have proven your travels through Grief.

Give her:

- 5 Monster remains
- 20 pieces of food
- 10 tools

Acceptance

Acceptance will grant you a way to get off Grief Island if have proven your travels through Grief.

Give her:

- 8 Monster remains
- 10 pieces of food
- 12 tools

Acceptance

Acceptance will grant you a way to get off Grief Island if have proven your travels through Grief.

Give her:

- 5 Monster remains
- 12 pieces of fruit
- 10 tools
- 4 materials

Acceptance

Acceptance will grant you a way to get off Grief Island if have proven your travels through Grief.

Give her:

- 15 Monster remains
- 2 pieces of fruit
- 5 tools
- 5 materials

Acceptance

Acceptance will grant you a way to get off Grief Island if have proven your travels through Grief.

Give her:

- 7 Monster remains
- 8 pieces of fruit
- 9 tools
- 2 materials

Acceptance

Acceptance will grant you a way to get off Grief Island if have proven your travels through Grief.

Give her:

- 5 Monster remains
- 10 pieces of fruit
- 10 herbs
- 5 materials

Acceptance

Acceptance will grant you a way to get off Grief Island if have proven your travels through Grief.

Give her:

- 15 Monster remains
- 2 herbs
- 8 tools

Acceptance

Acceptance will grant you a way to get off Grief Island if have proven your travels through Grief.

Give her:

- 7 Monster remains
- 10 herbs
- 9 tools
- 2 materials

Each player can make 3 moves during their turn.	The Grasslands Each player can make 4 moves during their turn. Players can only hold onto 4 food items.	Each player can make 5 moves during their turn. If the last card drawn was a food item, draw an additional card. There are ponds and lakes in this area.	The Swamp Each player can make 2 moves during their turn. Players can only hold onto 3 tools. There are lakes in this area.	Each player can make 3 moves during their turn. If a player has a canteen, they may make an additional move (if they choose to).	Each player can make 1 move during their turn. If a player has a source of warmth, the may make an additional move (if they choose to).
The Rainforest Each player can make 5 moves during their turn.	The River Each player can make 2 moves during their turn.	The Lake Each player can make 3 moves during their turn.	The Storm Each player can make 1 move during their turn.	The Beach Each player can make 5 moves during their turn.	The Garden Each player can make 4 moves during their turn.
At least 1 turn must involve trading with another teammate.	Players with fishing rods cannot lose food in this area. Players can only hold onto 5 materials.	Players with fishing rods cannot lose food in this area. Players can only hold onto 5 materials.	If shelter is available to the team, every player can make 3 moves during their turn.	Players may revisit 1 creature from the discard pile. Once revisited, the creature cannot be visited again. Lay card aside.	Every player must discard their most dangerous weapon before entering.

Monster of Guilt The Monster of Guilt tries to take everyone's items away. They claw at you and some members get scratched. To appease the Monster of Guilt, one player must give up all their items. In order to fully conquer the Monster of Guilt, ask a teammate the following question: What is your relationship to guilt and grief?	The Monster of Regret reaches up from the ground and starts to reel you in. You're getting sucked into the ground. To appease the Monster of Regret, everyone must give up 1 supply item. In order to fully conquer the Monster of Regret, ask a teammate the following question: How does regret affect grief?	The Monster of Anger scares your group from behind. It grows bigger from every scream. To appease the Monster of Anger, everyone must give up any fruits. In order to fully conquer the Monster of Anger, ask a teammate the following question: When have you felt anger from grief?	Monster of Sadness The Monster of Sadness tugs at the bottom of your clothes. It doesn't want to let go. To appease the Monster of Sadness, one player must give a piece of food. In order to fully conquer the Monster of Sadness, ask a teammate the following question: How does sadness feel to you?	The Monster of Anxiety jumps in front of the group. They only get louder and go out of control. To appease the Monster of Anxiety, someone needs to provide an herb. In order to fully conquer the Monster of Anxiety, ask a teammate the following question: Have you felt moments of anxiety after loss?	Monster of Discouragement The Monster of Discouragement starts stealing items away from the group. It seems impossible to catch them. To appease the Monster of Discouragement, everyone must give 1 supply & 1 food item. In order to fully conquer the Monster of Discouragement, ask a teammate the following question: When have you felt discouraged?
Monster of Loss The Monster of Loss tries to take items away. They manage to snag a few items. To appease the Monster of Loss, one player must give up all their tools. In order to fully conquer the Monster of Loss, ask a teammate the following question: When have you felt lost?	Monster of Anguish The Monster of Anguish reaches up from the ground and starts to reel you in. You're getting farther from your team. To appease the Monster of Loss, you must skip your next turn. In order to fully conquer the Monster of Anguish, ask a teammate the following question: How do you personally define anguish?	Monster of Apolgies The Monster of Apologies scares your group from behind. It gets quieter, yet their presense grows. To appease the Monster of Apologies, one player must give up their materials. In order to fully conquer the Monster of Apologies, ask a teammate the following question: When have you felt anger from grief?	Monster of Stress The Monster of Stress creates chaos in the group. However, they have no means of stealing items. To appease the Monster of Stress, one player must give up 1 tool. In order to fully conquer the Monster of Stress, ask a teammate the following question: When you think back to grief, when have you felt stressed?	Monster of Discomfort The Monster of Discomfort attacks like an infectious disease. It's hard to control. To appease the Monster of Discomfort, player(s) must provide 2 herbs. In order to fully conquer the Monster of Discomfort, ask a teammate the following question: What moments of discomfort have you felt?	Monster of Doubt The Monster of Doubt attacks like an infectious disease. It's hard to control. To appease the Monster of Doubt, you must give 2 tools. In order to fully conquer the Monster of Doubt, ask a teammate the following question: When have you felt doubt during times of grief?
Monster of Gloom The Monster of Gloom tries to take items away. They manage to snag a few items. To appease the Monster of Gloom, you must give up 2 items. In order to fully conquer the Monster of Gloom, ask a teammate the following question: What is your relationship with feeling gloomy?	Monster of Weakness The Monster of Weakness sucks everyone's energy away. To appease the Monster of Weakness, all players must give up 2 items. In order to fully conquer the Monster of Weakness, ask a teammate the following question: What is your most recent experience with weakness?	Monster of Contradiction The Monster of Contradiction picks a fight with all players. To appease the Monster of Contradiction, one player must give up 2 weapons. In order to fully conquer the Monster of Contradiction, ask a teammate the following question: When have you contradicted yourself?	Monster of Hesitation The Monster of Hesitation separates the group and everyone gets lost. To appease the Monster of Hesitation, the map and compass must be discarded. In order to fully conquer the Monster of Hesitation, ask a teammate the following question: How do you handle moments of hesitation?	Monster of Stubbornness The Monster of Stubbornness won't budge out of the way. To appease the Monster of Stubbornness, all rocks must be discarded. In order to fully conquer the Monster of Stubborness, ask a teammate the following question: When do you feel yourself getting stubborn and how do you get out of it?	Monster of Loneliness The Monster of Loneliness drags you away from your group and you're left in darkness. To appease the Monster of Loneliness, you must discard a light source. In order to fully conquer the Monster of Loneliness, ask a teammate the following question: What is your relationship with grief and loneliness?

Creature of Hope Creature of Thankfulness Creature of Optimisim Creature of Composure Creature of Bravery Creature of Certainty The Creature of Hope guides The Creature of Thankfulness The Creature of Optimism The Creature of Composure The Creature of Bravery guides The Creature of Certainty you in the direction to guides you in the direction to guides you in the direction to guides you in the direction to you in the direction to guides you in the direction to Acceptance. Acceptance. Acceptance. Acceptance. Acceptance. Acceptance. To acquire help from the Creature of Hope, ask a Creature of Thankfulness, ask Creature of Optimism, ask a Creature of Composure, ask Creature of Bravery, ask a Creature of Certainty, ask a teammate the following a teammate the following teammate the following a teammate the following teammate the following teammate the following question: question: question: question: question: question: When have you felt thankful When do you feel moments How do you stay optimistic? What is your relationship What are some ways What are some ways of hope? after loss? practice composure? with certainty? practice composure? 1 player can make 1 extra Only 1 player views the next Every player can retrieve 1 move during their next turn. 1 player can take any card During 1 round, players can One player may decide to 3 cards from the deck. food or supply item from the from the discard pile. view the next 2 cards in the conquer monsters without discard pile. deck. Discuss with your team losing items. whether to shuffle the deck or not. Creature of Cheerfulness Creature of Encouragement Creature of Calmness Creature of Stability Creature of Promise Creature of Confidence The Creature of Promise guides The Creature of Confidence The Creature of Cheerfulness The Creature of Encouragement The Creature of Calmness guides guides you in the direction to you in the direction to guides you in the direction to guides you in the direction to you in the direction to you in the direction to Acceptance. Acceptance. Acceptance. Acceptance. Acceptance. Acceptance. To acquire help from the Creature of Promise, ask a Creature of Confidence, ask a Creature of Cheerfulness, ask a Creature of Encouragement, Creature of Calmness, ask a teammate the following teammate the following teammate the following ask a teammate the following teammate the following question: question: question: auestion: question: question: What is your relationship with What makes you cheerful? What keeps you encouraged?

What's an important promise you have made?

View the next card from the deck.

When do you feel confident?

Only 1 player views the next 3 cards from the deck. Discuss with your team whether to shuffle the deck or not.

2 players can each take 1 card from the discard pile.

1 player can take any card from the discard pile.

being calm?

You can trade 1 item with another player.

The Creature of Stability guides

To acquire help from the Creature of Stability, ask a teammate the following

When do you have moments of stability?

During 1 round, players can conquer monsters without losing items.

Creature of Peacefulness

The Creature of Peacefulness guides you in the direction to Acceptance.

To acquire help from the Creature of Peacefulness, ask a teammate the following question:

When do you feel the most at peace?

Trade an item with another player.

Creature of Comfort

The Creature of Comfort guides you in the direction to Acceptance.

To acquire help from the Creature of Comfort, ask a teammate the following question:

What is your relationship with feeling comfortable?

Make an extra move during your next turn.

Creature of Trust

The Creature of Trust guides you in the direction to Acceptance.

To acquire help from the Creature of Trust, ask a teammate the following question:

What makes you trustworthy?

Take 1 card from the discard pile.

Creature of Responsibility

The Creature of Responsibility guides you in the direction to Acceptance.

To acquire help from the Creature of Responsibility, ask a teammate the following question:

How do you keep yourself responsible?

Take 1 item card from the discard pile.

Creature of Maturity

The Creature of Maturity guides you in the direction to Acceptance.

To acquire help from the Creature of Maturity, ask a teammate the following question:

When do you think you reached maturity?

Revisit an undefeated monster in the discard pile.

Creature of Freedom

The Creature of Freedom guides you in the direction to Acceptance.

To acquire help from the Creature of Freedom, ask a teammate the following question:

When do you feel free?

During 1 round, players can conquer monsters without losing items.

The team can't decide which direction to take. Shuffle the deck and continue your turn.	You get lost and can't find your way. Skip your next turn but complete your current turn.	You find travelers and they provide your team some supplies. Draw an additional card and continue your turn.	You trip on a sharp rock. Discard 2 food items.	You hurt your hands while cooking for the group. Discard half of your tools.	Everyone is dehydrated. Everyone loses 1 item.
This can be avoided with a map.	This can be avoided with a compass.			This can be avoided with gloves.	This can be avoided with a canteen.
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This can be avoided with a map.	This can be avoided with a compass.			This can be avoided with gloves.	This can be avoided with a canteen.
A cold storm is coming. Skip a turn to make it through the cold winds.	Food is running low and you're on the brink of starvation. Skip a turn to save energy.	It's getting dark and the path is getting hard to see. Skip your next 2 turns.	Thieves approach the group and try to take all your food. Without a weapon to threaten them, they take everyone's food items.	Thieves approach the group and try to take all your food. Without a weapon to threaten them, they take everyone's food items.	You fall into a deep pit. It's impossible to get out without some help. Skip a turn unless your or another player has rope to get you out.
This can be avoided with a blanket or shelter.	This can be avoided with enough food.	This can be avoided with a light source.			

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There is a thick patch of vines that is blocking the group.

If 2+ players have a sharp weapon you can cut through the vines.

If no one has a sharp weapon, 1 person needs to skip a turn.

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If 2+ players have a sharp weapon you can cut through the vines.

If no one has a sharp weapon, 1 person needs to skip a turn.

Leather If player has leather, hammer, & nails, they can create armor. They don't need to give away any items to monsters.	Lumber If player has lumber & an axe, they can build shelter. When it's cold, they don't need to skip a turn.	Rocks If player has 2 rocks, their backpack is getting heavy. If they lose an item, they must actually lose 2 items.	Branch If a player has a branch & string, they may attempt fishing. When they are in an environment with water, they can make an extra move.	Stick If a player has 2 sticks, they have a fire starter. They will never get lost when it gets dark.	Stick If a player has 2 sticks, they have a fire starter. They will never get lost when it gets dark.
Leather If player has leather, hammer, & nails, they can create armor. They don't need to give away any items to monsters.	Lumber If player has lumber & an axe, they can build shelter. When it's cold, they don't need to skip a turn.	Rocks If player has 2 rocks, their backpack is getting heavy. If they lose an item, they must actually lose 2 items.	Branch If a player has a branch & string, they may attempt fishing. When they are in an environment with water, they can make an extra move.	Stick If a player has 2 sticks, they have a fire starter. They will never get lost when it gets dark.	Stick If a player has 2 sticks, they have a fire starter. They will never get lost when it gets dark.
Cloth If player has 2 pieces of cloth, they can create a blanket. With a blanket, the cold won't affect them.	Rocks If player has 2 rocks, their backpack is getting heavy. If they lose an item, they must actually lose 2 items.	Rocks If player has 2 rocks, their backpack is getting heavy. If they lose an item, they must actually lose 2 items.	String If a player has a branch & string, they may attempt fishing. When they are in an environment with water, they can make an extra move.	String If a player has a branch & string, they may attempt fishing. When they are in an environment with water, they can make an extra move.	Cloth If player has 2 pieces of cloth, they can create a blanket. With a blanket, the cold won't affect them.

Hammer If player has leather, hammer, & nails, they can create armor. They don't need to give away any items to monsters.	Axe If player has lumber & an axe, they can build shelter. When it's cold, they don't need to skip a turn.	Knife If player has a knife, it acts as a weapon.	Machete If player has a machete, it acts as a weapon.	Sword If player has a sword, it acts as a weapon.	Compass Find your way if you get lost.
Canteen Prepare for dehydration with a canteen of water.	Canteen Prepare for dehydration with a canteen of water.	Gloves Protect your hands from being burned.	Gloves Protect your hands from being burned.	Map This will help the team pick a direction.	Map This will help the team pick a direction.
Rope Useful for when you or a teammate gets stuck in a pit.	Blanket Stay warm from the cold.	Lighter This acts a light source when it gets too dark.	Oil Lamp This acts a light source when it gets too dark.	Pot This is not the most effective weapon.	Fishing Rod Take an extra turn everytime you are in an environment with water.

Apple	Peach	Berries	Grapes	Banana	Plum
If a player has 5 fruits, they will never starve. Never skip a turn under starvation conditions.	If a player has 5 fruits, they will never starve. Never skip a turn under starvation conditions.	If a player has 5 fruits, they will never starve. Never skip a turn under starvation conditions.	If a player has 5 fruits, they will never starve. Never skip a turn under starvation conditions.	If a player has 5 fruits, they will never starve. Never skip a turn under starvation conditions.	If a player has 5 fruits, they will never starve. Never skip a turn under starvation conditions.
Orange If a player has 5 fruits, they	Lychee If a player has 5 fruits, they	Pineapple If a player has 5 fruits, they	Kiwi If a player has 5 fruits, they	Strawberry If a player has 5 fruits, they	Cherries If a player has 5 fruits, they
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Sage	Basil	Lavender	Fennel	Mint	Rosemary
If a player has 5 herbs, they will never need to give away herbs to monsters.	If a player has 5 herbs, they will never need to give away herbs to monsters.	If a player has 5 herbs, they will never need to give away herbs to monsters.	If a player has 5 herbs, they will never need to give away herbs to monsters.	If a player has 5 herbs, they will never need to give away herbs to monsters.	If a player has 5 herbs, they will never need to give away herbs to monsters.

Thyme If a player has 5 herbs, they will never need to give away herbs to monsters.	Tumeric If a player has 5 herbs, they will never need to give away herbs to monsters.	Cardomom If a player has 5 herbs, they will never need to give away herbs to monsters.	Coriander If a player has 5 herbs, they will never need to give away herbs to monsters.	Lemongrass If a player has 5 herbs, they will never need to give away herbs to monsters.	Dandelion If a player has 5 herbs, they will never need to give away herbs to monsters.
Herbs to monsters.					